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MENTAL STABILITY

Proprioception

Muscle weakness

SIGN	MANTRAKSHAR	ETYMOLOGY	DEFINITION
asthenia		from ἀ- (a-, “not, un-”) + σθένος (sthénos, “strength”).	
Tired			
Weak			
malaise		from mal- (“bad, badly”) + aise (“ease”)	
fatigue		*fatis (weariness) + -igō, the latter a suffixal form of agō (“I do, act”).	
hunger			
Thirsty		Sanskrit तृष्णा (tṛṣṇā, “desire; thirst”), Sanskrit तृष्यति (tṛṣyati)	

MENTAL TEMPER

SIGN	MANTRAKSHAR	ETYMOLOGY	DEFINITION
Chills			
Sick			
shivers			
Sweaty		Latin sudor, Sanskrit स्वेद (svéda),	

MENTAL DIET

- Visceroceptors
 - Bloating
 - Belching
 - Eructation
 - Flatulence

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